



# Choosing the right First Aid course for you and your employees

*In collaboration with:*

Speaker: Mr Gesmond Micallef  
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# Choosing the right First Aid course for you and your employees

- can be quite daunting task
- freedom to choose a first aid course that fits your needs
- finding the right first aid training course provider could prove tricky
- market offers a range of courses addressing different requirements and environments.



# What Training?

Considering the right training for your team is really important, especially when you consider the **type of activity you undertake**.

For these reasons we recommend you consider the type of course and provider carefully and we would recommend you **consider courses designed to support your specific needs**



# How Many First Aiders Do I Need??

- In Malta we have a legal requirement to have one first aider with every 100 employees in low risk areas. Two first aiders with every 50 employees are needed in high risk area. This is the law.
- The Law , like that of the GOOD SAMARATHAN Law ( Namely Act XXIX of the 2020) civil and criminal code covers the First Responder



# Assessment and Plan

- A first aid workplace needs assessment helps you as a business manager to identify your needs in terms of first aid cover required for your business.
- It is important to us that your course is not only suitable for your needs and legal requirements, but also tailored to your context, and therefore relevant to your staff.
- The results of the needs assessment are dependent on the degree of hazard, additional factors that could influence your overall first-aid provision, and the number of employees in your workplace.

# Clients' Need

- Courses should be tailored to your needs and can take place either in your place of work or a venue of your choice, without disturbing the smooth running of your company.
- Highly experienced, approachable and professional trainers ensure that all courses are memorable and easily applicable. First Aid Training should be convenient, relevant and, most importantly, life-saving.



# The Use of Equipment

- In many cases training include the use of certain equipment such as the Automated External Defibrillator.
- One must ensure that all detailed information which include safety of the operator, maintenance of the equipment and the HOW to use is explained in a language that every First Responder understand.
- Research and latest updates of the European Resuscitation Council should be included in course provided



# The Use of Equipment

- Certain courses such as the Spinal Injury and Immobilization needs to have the **necessary equipment** in order to include participation of the participants.
- One should ensure that one to one practical session and also in groups, is achieved.
- Instructor role is to ensure that safety handling of spinal injury patients is maintained at all times.





# The Use of Equipment



- Companies can achieve quality courses, to provide quality emergency care to those in need.
- Using certain equipment needs training by highly trained Instructors.
- It is important to know the types of courses available to support you as a client.

# Type of Course

All First Responders should learn how to do a cardiopulmonary resuscitation (CPR)

As clients ensure that nowadays one is given the opportunity to learn how to approach a family member who is non responsive and non breathing and also a suspected case of COVID-19.

Both are approachable life saving methods once the course has all options.



# What Should be included

- First Aider should be given the opportunity during the course provided to learn about
- Psychological Aspect of the First Aider, especially where there is fatality.
- Emotional Aspect of the First Aider, post care.
- Infection control and personal protective equipment. (PPE)







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